NATURAL WORMERS

FOR KITTENS

AND CATS



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IMPORTANT

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Ground Pumpkin Seeds

Ground pumpkin seeds are a remedy that will have to be self-prepared; however, they will not need to be shelled.

Unshelled pumpkin seeds contain cucurbitin, an amino acid that eliminates intestinal parasites by paralyzing and expelling them from the kitten's digestive tract.

Preparation

After thoroughly washing and drying the pumpkin seeds, grind them in a food blender until they are almost like powder.

The seeds are most effective when they are freshly ground, so they will have to be ground immediately before every feeding. If a larger amount of seeds are prepared ahead of time, ensure that the powder is stored in a good air-tight container and keep in the refrigerator.

Dosage

Add 1/4 tsp. to each kitten's meal every day to kill existing worms and to keep the kitten worm-free.

The dose is the same for older cats.

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Food-Grade Diatomaceous Earth

Food-grade Diatomaceous Earth is a nontoxic, nonchemical organic product made of the fossilized remains of tiny microscopic shells. It comes already prepared, and has no detectable taste and it is safe for pets and humans.

Although food-grade Diatomaceous Earth is not a chemical, it has a chemical effect on parasites.

Diatomaceous Earth kills the parasites by dehydrating them, and the parasites are then expelled through the kitten's faeces.

Dosage

Add 1/2 to 1 tsp. of Diatomaceous Earth to the kitten's food once to twice a day for 90 days and every third day thereafter, to kill any existing parasites and their eggs as well as to prevent further infestation.

For older cats, mix 2 tsp. of food-grade diatomaceous earth into their food twice a day for 60 days to kill the parasites.

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Garlic

Another natural de-wormer is to mix fresh, minced garlic into the cat's food once a day. Garlic is a known parasite preventative, and it can also help to kill existing parasites.

Dosage

Start with small amounts of garlic, so the cat is not turned off from eating the food - just a pinch, and increase it as the cat grows becomes used to it.

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End

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