



# The Campbell M Gold Newsletter

---

**Vol. 15 - Issue 02**

**Campbell M Gold**

**Consultant**

**Self-Help and personal Development through  
New Thinking, and Hypnosis and Subliminal  
Programs**

**Just the Facts...**

---

## **Welcome**

Welcome to another newsletter...

In this issue we review, "To the Remnant of the First Cohort.

As always, no hugs, just the facts... So let's jump right in...

Kind regards,

**Campbell M Gold**

---

## **Looking Back to Move Forward**

### **To The Remnant of the First Cohort**

And to you, the remnant of the First Cohort, you are unusual because you are not only evolved beings who are unconnected to any 'system or archetype', but you are also 'free spirits' who chose to remain on Planet Earth when Atlantis and the programs it controlled were all destroyed, and almost everyone else evacuated. This foundation has ever guided you as one of the remnants of the First Cohort, and it has ever been the filter and catalyst of your chosen and elected experiences.

When you started on this latest journey (some three-thousand six-hundred years ago), things were very simple and focused - you existed, you were the centre of the experiential universe, everything

external to yourself was but your own un-realised/un-experienced potential, and your desire was to simply expand 'that which you were' by 'that which you were not' - no-thing into every-thing. That's it - 'you are, therefore you think'; and you have but two dimensions: 1) perception, and 2) expression. Consequently, you expressed 'that which you were', and you perceived that 'which surrounded you' was 'that which you were not'. Consequently, by experiencing 'that which you were not', you expanded 'that which you were' by that 'which you were not'. And the resultant expansion was then reflected in your expression.

In all this, there was/is no divine-path, there were/are no gods, teachers, masters, guides, etc - it was just you surrounded by an un-experienced pool of every-thing. The problem is that nothing has fundamentally changed, except that when Atlantis was destroyed, and the controlling psychomagnetic generator was lost, we forgot - everything. This resulted in countless un-controlled cycles of migration between the Etheric and Physical Planes of existence, accompanied and compounded by the attendant 'games' of both spirit and physical entities, and everything exacerbated by the inherent amnesia caused by under developed DNA (two-strand instead of twelve-strand). And here we are, conscious entities, clothed with physical form, on planet Earth, AD 2006 – and still expanding our consciousness by personal experience.

Yes, all this is very academic, and is completely esoteric. However, as we look back along our past cycles, and as we evaluate our present cycle, the only reality is that everything is significant, but nothing matters. Nothing we have encountered for the past hundred millennia is what it seems. And finally, the universe unfolds by the common consensus of its infinite conscious parts, each individual being one of those conscious parts - and the universe unfolds as it should. Consequently, our physical/spirit union confirms that we are sufficiently tuned to maintain a presence in the unfolding space/time continuum.

Back to reality - The problem is that each of us, has been swept along through amnesia, illusion, delusion, games, conditioning, exploitation, and generally just a load of experiential crap. And now, here we all are, washed up on the shore of 2006 - but now, there is a slight difference as we flop, struggle, and gasp on today's alien bourn, we are beginning to remember - not much to be sure, and to it is looking through a glass, darkly. And this is simply in consequence of the developmental inertia created by the 'program' prior to the 'wheels falling off' - this is in no way linked to our own efforts. Consequently, you are part of 2% of 2% of beings who now have evolved the 'vestigial organ of recall', which can enable you to remember who you are, and hopefully to pick up where you were forced to leave off a hundred millennia ago. One other thing, our generation is not 'Homo Spiritus'; instead, we are 'Homo Mutatio', with the greater part of humankind as plague carrying vermin.

From approximately 2004 all of our past cycles converged to a closure, which was finalised with the current universal spirit/physical convergence +/- 24 September 2006 onwards. Our past is now complete, and our future is unwritten. We are questioning all things, and each individual is particularly questioning the price that has been paid, in the past, for their experiences. Some of an individual's experiences were by their own free will and volition, while other experiences were the simple cause and consequence of their position in the space/time continuum.

How much control will the enlightened individual have on their path?

A lot less than they realise.

Thus they may be detected if they are not careful.

One of the important events in the past was an individual's offspring or DNA trace. Since approximately 1976, such offspring is truly Homo Spiritus, and each of them has a mutated esoteric DNA. Such children are free from our mistakes, and they are born into a world which we will not enter during our current cycle(s). By agreement, we allowed ourselves to be a conduits through which children of a new era entered into their 'brave new world'. In reality, their physical fathers played little or no part in the strategy, other than providing a syringe filled with fertilizing fluid and a simple delivery method. There is no spirituality, no depth, and little is transmitted through the human male. In fact, the human male form was never intended for habitation and use by conscious entities. Thus it is that our

children are free, and it is through our 'sacrifice' that they are able to be free, and that they will be able to embrace freedom and remain free. They are truly Homo Spiritus, and they embody the last hope of the First Cohort - possibly without them ever being aware. Consequently, each expresses a unique desire to expand their consciousness in their own way; and in their development they are countless light-years ahead of us, an obsolete species. Our work is complete, and they will walk into a dawn, now breaking on a distant horizon, that is theirs, and theirs alone. And a light shall be kindled, and it shall go forth in the last days to light the dark place; and the stars shall be gathered, and the stars shall become that great light. And that which was shall rise again unto the fulfilling of the one thing, and nothing shall prevail against it.

There was a time of gathering and re-evaluation in the '90s, and by common attraction we all met in South Africa. For a brief moment we touched each other's lives, and each gained from the encounter. We each perceived 'that which was' and we each chose whether to unify with 'that which was' or not. All this was, in part, preparation for the time to come, the time of 'remembering', and that time has now arrived (2006-2012). We each played specific roles at that time, we each did what we had to do, and then came the diaspora.

And here we are today, free from the past, and there is no unfinished business from there. We are independent by our own choice, and we are now able to move forward in any direction that we choose. We are indeed illuminators, and teachers, and healers - and we stand aloof and we stand alone. We are free from all structures and archetypes, and again we find ourselves at the centre of our experienceable universe - at this time, we are at the only place we could be, and what we perceive is the only perceptions that we could perceive. There are new gatherings, and those of the first Cohort will seek out the place where the spiral scroll can be opened and read. You are of the first cohort and 2012 is not far distant.

--()--

For more information on this topic,  
please visit the CMG Archives on our website:

**<http://campbellmgold.com>**

---

## Something to Ponder

Just a reminder...

### THE PLAN

Write down on paper in order of their importance the things and conditions you really want. Do not be afraid of wanting too much. Go the limit in writing down your wants. Change the list daily, adding to or taking from it, until you have it about right. Do not be discouraged on account of changes, as this is natural. There will always be changes and additions with accomplishments and increasing desires.

### THREE POSITIVE RULES OF ACCOMPLISHMENT

- 1) *Read the list of what you want three times each day: morning, noon and night.*
- 2) *Think of what you want as often as possible.*
- 3) *Do not talk to any one about your plan except to the Great Power within you which will unfold to your Objective Mind the method of accomplishment.*

It is obvious that you can not acquire faith at the start. Some of your desires, from all practical reasoning, may seem positively unattainable; but, nevertheless, write them down on your list in their proper place of importance to you.

There is no need to analyze how this Power within you is going to accomplish your desires. Such a procedure is as unnecessary as trying to figure out why a grain of corn placed in fertile soil shoots up a green stalk, blossoms and produces an ear of corn containing hundreds of grains, each capable of doing what the one grain did. If you will follow this definite plan and carry out the three simple rules, the method of accomplishment will unfold quite as mysteriously as the ear of corn appears on the stalk, and in most cases much sooner than you expect.

--()--

For more information,  
please visit the CMG Archives on our website:

**<http://campbellmgold.com>**

---

## Health Bite

Please visit the "Health Archive" on our website for the latest Health Items.

**<http://campbellmgold.com>**

---

## IMPORTANT

**Any health information contained in this Newsletter is not meant as a substitute for advice from your physician, or other health professional. The presented material is intended for general interest only; and it should not be used to diagnose, treat, or cure any condition whatever. If you are concerned about any health issue, symptom, or other indication, you should consult your regular physician, or other health professional. Consequently, the Author cannot accept responsibility for any individual who misuses the information contained in this material. Thus, the reader is solely responsible for all of the health information contained herein. However, every effort is made to ensure that the information in this material is accurate; but, the Author is not liable for any errors in content or presentation, which may appear herein.**

---

## Newsletter Back Issues

Back Issues of the "Campbell M Gold Newsletter" are located in the "Newsletter Archive" on our website:

**<http://campbellmgold.com>**

---

## Visit Us

Visit <http://campbellmgold.com> for more information,  
special offers, and free gifts

Copyright © Campbell M Gold

Website: <http://campbellmgold.com>

Email: [veritas@campbellmgold.com](mailto:veritas@campbellmgold.com)

Thank You

--()--

v1502