

OLD AGE AND OPPORTUNITY

AND

OTHER THINGS

TO

PONDER UPON

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Mind

My mind to me a kingdom is. -- Epictetus.

The mind's the measure of the man. -- Watts.

As a man thinketh in his heart, so is he. -- Jesus.

The man does not contain the mind: the mind contains the man. -- Socrates.

In the universe there is nothing great but man: in the man there is nothing great but mind. -- Aristotle.

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Old Age And Opportunity

ONE of the besetting errors of people is a belief that they are too old to do things. This comes from a lack of understanding what life really is. Life is consciousness and not years. The man or woman who is seventy years old should be better able to demonstrate than the man who is only twenty. He should have evolved a higher thought, and it is thought and not conditions that we are dealing with.

Amelia Barr was fifty-three before she wrote a book. After that she wrote over eighty, all of which had a large circulation. Mary Baker Eddy was sixty before she began her work, and she attended to all of her great activities until she passed from this plane to a higher one. The author of this book once took a man who was over sixty, one who thought his chance for success had gone, and through teaching him these principles in a year's time made him a prosperous business man. He is now doing well and was never before in his life so happy. The last time he was interviewed he said that business was increasing every day and that he had not begun yet. Every day he stands in his store and claims more activity. He speaks the word and realizes increase all the time. If this were not true then life would not be worth the living. What is a few years in eternity? We must get over these false notions about age and competition. In the truth the word competition is never mentioned. The people who think about it have never known the truth.

Life is what we make it from within and never from without. We are just as old as we think we are, no matter what the number of years may have been that we have lived on this planet.

(Creative Mind and Success Holmes - 1919)

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Doubt All Things

If you would be a real seeker after truth, it is necessary that at least once in your life you doubt, as far as possible, all things.

(Rene Descartes - 1596-1650)

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Visualizing

SOME people visualize everything that they think of and many think that it is impossible to make a demonstration unless they possess the power to visualize. This is not the case. While a certain amount of vision is necessary, on the other hand it must be remembered that we are dealing with a power that is like the soil of the ground, which will produce the plant when we plant seed. It does not matter if we have never before seen a plant like the one that is to be made for us. Our thought is the seed and mind is the soil. We are always planting and harvesting. All that we need to do is to plant only that which we want to harvest. This is not difficult to understand. We cannot think poverty and at the same time demonstrate plenty. If a person wants to visualize let him do so, and if he sees himself in full possession of his desire and knows that he is receiving, he will make his demonstration. If, on the other hand, he does not visualize, then let him simply state what he wants and absolutely believe that he has it and the result will always be the same.

Remember that you are always dealing with law and that this is the only way that anything could come into existence. Don't argue over it. That means that you have not as yet become convinced of the truth or you would not argue. Be convinced and rest in peace.

(Creative Mind and Success Holmes - 1919)

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How To Know Just What To Do

OFTEN we find ourselves confronted by the problem of how to begin. We are not sure what we want to do; we see no way to begin anything; see nothing to begin on; when we find ourselves in this position, humanly speaking, not knowing where to turn, then of all times we must be quiet and listen; then of all times we must trust that the same power that started all things will also start us in the right road, for without some superior power we shall surely fail.

How often do people in the business world find themselves in this position. They realize that something must be done, but what? How get the idea to work out?

Here we must wait and know that the same power that first thought a universe into being can also think our world and work into being. It knows all things; it knows how to begin and it cannot fail; we wish in some way to connect with this power that will never fail us, so that we may draw from it some idea to begin with.

We must realize that there is something that wants to respond, to make manifest and in this realization wait for the idea; it may not come at first, but we must be patient, never doubting, and waiting thus in faith, it will come.

I once knew a business man who was connected with a firm that had always been very successful, but at that time something had occurred that was causing them to lose out. This had gone on for a

year and things were going from bad to worse. Failure seemed inevitable. He became interested in New Thought. He was told he could draw an idea from the Infinite and work it out on the plane of the visible. He told his partners that he wished to go home for a few days and that when he came back he would have worked out an idea which would put the business on a successful basis. They laughed at him, as people generally laugh at something they do not understand, but having no other plan they gave their consent. He went home and for three days sat in deep thought, claiming Supreme guidance and absolute leading of the Spirit. During this time a complete plan formulated in his mind as to the exact method to pursue in the business. He returned and told his plan to his partners. Again they laughed, saying it could not be done in business; could not be done any way; it would not work. But again they consented, knowing it was this or failure.

He then went to work carrying out all the details of his thought, following each leading that had come to him during those three days, and within a year he brought the failing business to a standard that transcended anything they had ever before experienced. He proved the law and became such an expert, that he gave up his business and devoted his entire time to helping other people do the same for themselves as he had done.

What this man did any one can do if he will follow the same course and refuse to become discouraged. There is a power that simply awaits our recognition of it, to spring into our thought as an unfailing leading, an unerring guidance. To those who lean on the ever outstretched arm of the Infinite, life is big with limitless possibilities.

We must wait and listen, then go about our outer business with an inner conviction that we are being led into a more perfect expression of life. All can do this.

(Creative Mind and Success Holmes - 1919)

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Race Consciousness

ONE of the things which greatly hinders us from demonstrating a greater degree of prosperity we may call race thought or race consciousness. This is the result of all that the race has thought or believed. We are immersed in it, and those who are receptive to it are controlled by it. All thought seeks expression along the lines of least resistance. When we become negative or fearful we attract that kind of thought and condition. We must be sure of ourselves; we must be positive; we must not be aggressive, but absolutely sure and poised within. Negative people are always picking up negative conditions; they get into trouble easily. Persons who are positive draw positive things; they are always successful. Few people realize that the law of thought is the great reality; that thoughts produce things. When we come to understand this power of thought, we will carefully watch our thinking to see that no thought enters that we should not want made into a thing.

We can guard our minds by knowing that no negative thought can enter; we can daily practice by saying that no race thought of limitation can enter the mind; that Spirit forms itself around us and protects us from all fear and from all limitation. Let us clothe ourselves in the great realization that all power is ours and that nothing else can enter; let us fill the atmosphere of our homes, and places of business with streams of positive thought. Other people will feel this and will like to be near us and enter into the things that we enter into. In this way we shall be continually drawing only the best.

(Creative Mind and Success Holmes - 1919)

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The Power of Mind Over Body

It is through the law of vibration that the mind exercises its power over the body. And through this law every action of the mind produces a chemical effect in the body, that is, an effect that actually takes place in the substance of the physical form. The process of this law is readily understood when we find that every mental action is a vibration, and passes through every atom in the body, modifying both the general conditions and the chemical conditions of every group of cells.

A chemical change in the body is produced by a change in the vibrations of the different elements of the body because every element is what it is by virtue of the rate of vibrations of its atoms. Everything in the universe is what it is because of its rate of vibration; therefore, anything may be changed in nature and quality by changing the rate of its vibrations.

When we change the vibrations of ice it becomes water. When we change the vibrations of water it becomes steam. When we change the vibrations of ordinary earth in one or more ways it becomes green grass, roses, trees or waving fields of grain, depending upon the changes that are made. Nature is constantly changing the vibrations of her elements thus producing all sorts of forms, colors and appearances.

This being true the problem is to use this power intelligently and thus not only secure desirable results, or results as desired, but also to secure superior results to anything we have secured before.

When we analyze this law of vibration we find that every unpleasant condition that man has felt in his body has come from a false change in the vibrations of some of the elements in his body. And we also find that every agreeable condition has come from a true change in those vibrations, that is, a change towards the better. Here we should remember that every change in the vibrations of the human system that takes us down, so to speak into the lesser grade is a false change and will produce unnatural or detrimental effects, while every change that is an ascending change in the scale is beneficial.

To apply this law intelligently it is necessary to know what chemical changes each particular mental action has the power to produce, and also how we may so regulate mental actions that all changes in the vibrations of our system may be changes along the line of the ascending scale. This, however, leads us into a vast and most fascinating subject; but on account of its vastness we can only mention it here, which is all that is necessary in this connection, as our object for the present is simply to give the reason why every mental action produces a chemical change in the body.

Since every element in the body is what it is because it vibrates at a certain rate; since every mental action is a vibration; since every vibration that comes from an inner plane can modify vibrations that act upon an outer plane; and since all vibrations are within the physical plane of action, we understand perfectly why every mental action will tend to produce a chemical change in the body. Although it is also true that two different grades of vibration on the same plane, or in the same sphere of action, may modify each other, still they do so only when the one is much stronger than the other.

All mental vibrations act more deeply in chemical life than the physical vibrations; therefore the former can entirely change the latter, no matter how strong the latter may seem to be. And this is how the mind exercises power over the body. Some mental vibrations, however, are almost as near to the surface as the physical ones and for that reason produce but slight changes, changes that are sometimes imperceptible.

Knowing this we understand why the power of mind over body becomes greater in proportion to the depth of consciousness and feeling that we enter into during any process of thought.

Therefore when we promote such changes in the body as we may desire or decide upon we must cultivate deeper consciousness, or what may be called subjective consciousness. This is extremely important because we can eliminate practically any physical disease or undesired physical condition by producing the necessary chemical change in those physical elements where that particular condition resides at the time. This is how medicine aims to cure and it does cure whenever it produces the necessary chemical change. But it fails so frequently in this respect that it cannot be depended upon under all circumstances.

Mental vibrations, however, when deep or subjective can in every case produce the necessary chemical change in the elements concerned. And the desired vibrations are invariably produced by positive, constructive and wholesome mental actions, provided those actions are deeply felt. Thus we realize that the power of mind acting through the law of vibration can, by changing or modifying the vibrations of the different elements in the body, produce almost any change desired in the physical conditions of the body.

What we wish to emphasize in this connection are the facts that every mental action is a vibration; that it permeates every atom of the body; that it comes up from the deeper chemical life, thereby working beneath the elements and forces of the physical body; and that according to a chemical law can modify and change the vibrations of those elements and forces to almost any extent within the sphere of natural law.

To modify the vibrations of the physical elements is to produce a chemical change in the body. But whether this change will be desirable or undesirable depends upon the nature of the mental action that produces the change. Therefore by entertaining and perpetuating only such mental actions as tend to produce desirable changes, or the changes we want in the body, we can secure practically any physical change desired; and we may thereby exercise the power of mind over body to an extent that will have practically no limitation within the natural workings of the human domain.

(How the Mind Works Larson - 1912)

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Achieving your dreams entails more than just doing the right things and saying the right words. It has a lot to do with your thoughts, and the feelings associated with them.

Any thought you project into the world will bring about a specific result. That's the power of the Law of Attraction.

(PsiTek - 2008)

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Thoughts From Unknown Sources

Among the latest therapeutic refinements, we essay to drive out diseases with their own kind and relation slightly toned down through "cultures." We even poison the blood of our innocent and unsuspecting equine servitors, and then transfuse this abnormal sanguinary abomination (anti-toxine) into our own economy, expecting to cast out evil with evil. It has also been reserved for this highly developed age to torture animal sensibility in the name of science with wholesale vivisection, in order to study prolonged agony. We may well exclaim with Madame Roland (slightly paraphrased), "Science! Science! how many crimes are committed in thy name!" Cultures of disease-germs are made, multiplied, and sent out in the interest of so-called science. Evil will never be exterminated by sowing its seeds broadcast, even though they be somewhat diluted in quality. Only light can dispel darkness, and only good can drive out its opposite. "God made man upright" (ideally and potentially), "but they have sought out many inventions."

(Unknown Source)

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While there is but One Life (the source), it appears broken into a vast number of disjointed fragments, but without any loss of individual responsibility; each belongs to the race, which, as a whole, would be incomplete without him. Everyone seems, to himself, finited and separate; but in reality each life is like a bit of color in one great mosaic design.

(Unknown Source)

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We are gradually approaching the Kingdom of the Real, where all men will feel themselves to be one because they are united in God. Humanity ultimates in the Universal Soul, but without any loss of individuality. There is to be an eternal welding of Fatherhood, sonship, and brotherhood. When this state of consciousness is reached, one universal heartthrob will send the vital current of love and unity coursing through the veins of the remotest member.

(Unknown Source)

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